

BRENNAN OB/GYN ASSOCIATES, P.C.

Obstetrics and Gynecology

James Brennan, M.D. — Richard Brennan, M.D. — Robert Brennan, Jr., M.D.

Welcome to our Office!

Dear Patient,

Welcome to the office of the Doctors Brennan: Dr. James, Dr. Richard, and Dr Robert, Jr. We are pleased to have you as a patient and are genuinely interested in you and your health maintenance.

We will do our very best to give you an appointment time prompt enough to meet your medical needs. You will be notified if the doctor is called away for a delivery or an emergency surgery. Kindly call if you are unable to keep your appointment time. Should you be 20 minutes late or more, we may need to reschedule your appointment.

For our pregnant patients, you may wish to know that your prenatal appointments will be arranged approximately every four weeks during the first seven months and more frequently thereafter. The nurse will see each pregnancy for the initial visit. You are urged to keep your appointments. It is an established fact that good prenatal care contributes much to the health of the mother and infant.

SIGNS OF REAL LABOR and TIME TO GO TO THE HOSPITAL

It will be time to go to the hospital when one or more of the following signs occur:

1. Contractions every 5-7 minutes. (They usually begin in the back and travel across the abdomen, continuing to become stronger.) If this is a second or subsequent pregnancy, you may want to go to the hospital sooner.
2. A gush of watery liquid or a slow leak from the vagina. (This means that the bag has ruptured and that the amniotic fluid is leaking.)
3. Heavy, vaginal bleeding. (More than a “bloody show” and about the amount of a period.)

Should you experience any or all of the above signs, you may drink water, but please avoid eating/drinking any food or beverages.

If there are any questions about the above signs, please go directly to the hospital.

**Food
No**

