

BRENNAN OB/GYN ASSOCIATES, P.C.

Obstetrics and Gynecology

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POST-CONE INSTRUCTIONS

Conization: A fine wire loop or a scalpel is used to remove a portion of the cervix.

DO

1. Visit the office in one week.
2. Let us know immediately if you have heavy bleeding. Severe abdominal pain, or a temperature. You will have spotting for 4 weeks.
3. You can return to work in one week.

DON'TS

1. DO NOT douche, use tampons, or have intercourse for 3 weeks.
2. NO heavy exercise, no long shopping trips, no long walks for 3 weeks.