

**BRENNAN OB/GYN ASSOCIATES, P.C.**

**Obstetrics and Gynecology**

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**DIRECTIONS FOR INDUCTION**

Induction is a process to bring on Labor.

1. An induction is really no worse than normal labor. The labor experienced during an induction simple starts more quickly.
2. The baby will be monitored at all times with external leads. Later, during the labor, internal leads will be used.
3. When your cervix is dilated far enough, your water will then be broken.
4. Do not eat or drink after midnight. If you do so, nausea and vomiting may result.
5. Please arrive in the Labor and Delivery Department of the hospital at 7:00 AM unless otherwise instructed.
6. If is possible that blood work may be drawn.