

BRENNAN OB/GYN ASSOCIATES, P.C.

Obstetrics and Gynecology

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DIRECTIONS **CRYOSURGICAL CONIZATION OF THE CERVIX**

Doctors use this treatment to prevent or help cure certain problems of the cervix. Including:

1. Erosions: wearing away of the cervix's skin
2. Cervicitis: soreness or redness and swelling of the cervix
3. Dysplasia: changes in the cervix's cells which may lead to cancer
4. Bothersome mucous discharge

Cryosurgical conization is an office procedure – whereby with special equipment – a cone of the abnormal tissue in the cervix is frozen. This tissue gradually dissolves and the cervix heals in a normal manner. Usually one cryosurgical conization is adequate. Occasionally patients may require two or more treatments to restore the cervix to normal.

The cryosurgical procedure usually lasts a few minutes and produces only a little cramping. Anesthesia is almost never required. There may be some menstrual-type cramping which can occur during the procedure. Afterwards the area would heal over smoothly.

What to expect: After this treatment, you can expect a rather heavy, blood-tinged, watery discharge for about three weeks. This discharge is your body getting rid of the treated tissues.

What to do: Wear a sanitary napkin to catch the discharge if needed.

There should be no douching and no relations for three weeks. Excessive bleeding after cryosurgical conization is rare; however should you bleed more in amount than your normal menstrual period, please call us.