

October 2009

Dear Patients,

I want to share with you a new, exciting development in my OB-GYN practice. I am becoming a certified Creighton Model Medical Consultant. The Creighton Model System is a natural way of understanding a woman's gynecologic health as well as a Natural Form of Family Planning. It assists couples in the natural regulation of birth by understanding a woman's fertile and infertile times of her cycle. She can achieve or avoid pregnancy through the natural regulation of her fertility. By incorporating a new women's health science, called NaProTechnology, the treatment of PMS, endometriosis, recurrent ovarian cysts, abnormal bleeding, infertility and repetitive miscarriage can be greatly improved. This is a more natural approach to treating a variety of hormone deficiencies, infertility and gynecologic problems. Its success in achieving pregnancy exceeds that of In-Vitro Fertilization, and the Creighton Model System is equal or superior in effectiveness to oral contraceptives in avoiding pregnancy.

My decision to specialize in Natural Family Planning and, in particular, the Creighton Model System, means that I will no longer prescribe birth control pills, NuvaRing, Implanon, or Depo-Provera. Instead, I wish to offer you a new medical and surgical approach to women's health that is safe, natural and reliable. I realize that some of you will be disappointed in this decision, but I want to reassure you that I will continue to provide a full service obstetric and gynecological practice. The major impetus behind this decision is my desire to be totally pro-life in my recommendations and treatment.

I plan to continue to serve your obstetrical and gynecologic needs by use of the Creighton Model and NaProTechnology. In this new, exciting endeavor as a Natural Family Planning-Only Physician, together we can treat and maintain your health through a more natural understanding of your fertility. If you have any questions or concerns, please feel free to contact me or my office. As always, your health and dignity as a person of God remains in the forefront of my care to you. I will continue to practice with my two brothers who are not changing their approach to patient care at this time.

Sincerely,

Richard X. Brennan, M.D.